

Adult Sports

Jeff Smith

Sports Supervisor

Sports Office located in:

CABRILLO BATHHOUSE
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MONDAY NIGHT FOOTBALL

Summer 7 v 7 Mens FLAG Football League

Register your team by Thursday, July 2nd 2009.

Team fee is \$500

Submit a team roster form with team fees to the Sports Office located at 1118 East Cabrillo Blvd. (include a team name) Office hours are Monday–Friday 8am–5pm

Team rosters must have a minimum of 7 players or a maximum of 14 players

Games played Monday nights @ Dwight Murphy Soccer Field and or Santa Barbara City College.

Game times are 6pm or 7pm

Rules can be found on the Adult Sports Website.

Season begins Monday, July 13th.

Regular season – 6 games

Playoffs – single elimination

Season Ends week of August 24th